



Unleash Limitless Energy in Just 5-10 Minutes - Feel It For Hours!

XILERATE is uniquely formulated to provide a *bimodal energy* experience that sets it apart from conventional energy supplements. By combining stimulatory ingredients such as caffeine, beta-alanine, and taurine, with calming components like GABA, ginseng, and Gotu Kola, **XILERATE** delivers a balanced and sustained boost in energy and focus. This dual-action approach prevents the overstimulation and subsequent crash often associated with other products, making it ideal for users seeking long-lasting energy and mental clarity.

What truly differentiates **XILERATE** is the inclusion of mangosteen fruit extract, a cornerstone ingredient with unparalleled antioxidant power. The xanthenes, polyphenols, and other bioactive compounds in mangosteen, not only protect against oxidative stress but also promote overall wellness, recovery, and sustained energy. This focus on comprehensive cellular and systemic health complements the energy boosting properties of the other ingredients, creating a well-rounded product that supports peak performance, without compromising well-being.

XILERATE goes beyond mere energy enhancement by addressing the body's need for balance, recovery, and hydration. Its innovative formulation ensures users experience enhanced stamina, focus, and recovery, all while supporting long-term health, making it a truly groundbreaking addition to the energy supplement market.

XILERATE Ingredients Grouped by Benefits

Stimulatory and Energy-Enhancing Ingredients: These ingredients enhance energy levels, increase focus, and support physical and mental performance, particularly during exercise or demanding activities:

- Green Tea:** A natural stimulant and one of the richest sources of EGCG (epigallocatechin gallate), a powerful catechin that supports metabolic health, promotes fat oxidation, and provides robust antioxidant protection. Caffeine works synergistically with EGCG to enhance energy, focus, and endurance, while supporting brain and cardiovascular health.
- Beta-Alanine:** A naturally occurring amino acid that increases carnosine levels in muscles, helping to buffer acid accumulation during high-intensity exercise. This enhances muscular endurance and reduces fatigue, supporting longer and more productive workouts.
- L-Taurine:** An amino acid that supports energy metabolism, normal hydration, and muscle performance. Taurine also aids in reducing oxidative stress during physical exertion and supports recovery.
- Beet Root Powder:** Rich in nitrates, beet root powder supports healthy blood flow, oxygen delivery, and endurance by promoting nitric oxide production. This enhances stamina, cardiovascular function, and exercise performance.
- Niacin (Vitamin B3):** Plays a vital role in energy production by metabolizing carbohydrates, fats, and proteins. Niacin also supports healthy circulation and skin.
- Riboflavin (Vitamin B2):** Essential for converting nutrients into usable energy, riboflavin supports cellular function and contributes to antioxidant defense by regenerating glutathione.
- Thiamine Mononitrate (Vitamin B1):** Converts food into energy and supports nervous system function, helping sustain energy levels during physical and mental exertion.
- Pantothenic Acid (Vitamin B5):** Crucial for synthesizing coenzymes involved in energy production and for managing the body's stress response.
- Vitamin B6 and Vitamin B12 (Methylcobalamin):** Essential for energy metabolism, these vitamins support red blood cell formation, nervous system health, and sustained energy levels, reducing fatigue and promoting mental clarity. Methylcobalamin is the bioactive form of vitamin B12, meaning it is readily available for the body to use without requiring conversion. This superior bioavailability ensures more efficient absorption and utilization compared to cyanocobalamin, the most common form of B12 in supplements.

Calming and Focus-Enhancing Ingredients: These ingredients promote relaxation, reduce overstimulation, and support balanced cognitive function, creating a counterbalance to stimulants:

- GABA (Gamma-Aminobutyric Acid):** A neurotransmitter that helps promote a sense of calm and focus by reducing overstimulation in the brain. GABA supports balanced mental energy, making it a critical component in preventing jittery or crash-like effects.
- Ginseng:** An adaptogenic herb that supports stress resilience, cognitive clarity, and physical endurance. It gently enhances vitality without overstimulation, helping to sustain performance and focus.

•**Gotu Kola:** Traditionally used to support cognitive function and relaxation, Gotu Kola enhances circulation to the brain and promotes a sense of calm, making it a perfect complement to the stimulatory ingredients.

•**Ginger:** Known for its soothing properties, ginger supports digestive comfort and helps balance any discomfort caused by stimulants. It also aids in maintaining healthy inflammatory responses.

•**Monkfruit and Stevia:** These natural sweeteners provide a pleasant taste without spiking blood sugar levels, contributing to a smoother energy experience.

Antioxidant and Cellular Support Ingredients: These ingredients reduce oxidative stress and support cellular health, which is essential for sustained energy and recovery:

•**Mangosteen Fruit Extract:** The keystone of **XILERATE**, mangosteen is a powerhouse of antioxidants, particularly xanthenes, which provide robust cellular protection. Mangosteen also contains polyphenols, tannins, and flavonoids, which collectively help reduce oxidative stress, support immune health, and promote healthy inflammatory balance. Its unique combination of bioactive compounds also supports cardiovascular function, skin health, and energy metabolism, making it a standout ingredient in the formula.

•**Green Tea Polyphenol:** Rich in EGCG, green tea polyphenols are among the most potent natural antioxidants. They protect cells from oxidative damage, support normal inflammatory responses, and promote metabolic and cardiovascular health.

•**Apple Extract (40% Polyphenol):** Contains polyphenols that provide antioxidant protection, support cellular health, and improve recovery after exercise. These compounds also promote gut health and skin vitality.

•**Beta Carotene (10%):** A precursor to vitamin A, beta-carotene supports skin and eye health while contributing to antioxidant defense, helping to reduce the effects of oxidative stress during intense physical activity.

•**Carrot Powder:** A source of beta-carotene and other antioxidants, carrot powder supports immune function, eye health, and overall recovery.

Hydration and Electrolyte-Support Ingredients: These ingredients help maintain optimal hydration and electrolyte balance, which are essential for peak physical performance:

•**Coconut Water:** A natural source of electrolytes, including potassium, magnesium, and calcium, which help maintain hydration and support normal muscle function during and after exercise.

•**Citric Acid:** Plays a role in energy production through the Krebs cycle and enhances the absorption of electrolytes, contributing to sustained hydration and energy levels.

****The information in this document on this product is not intended to diagnose, treat, cure, or prevent any disease. The disclaimer also states that the FDA has not evaluated the product's claims.**